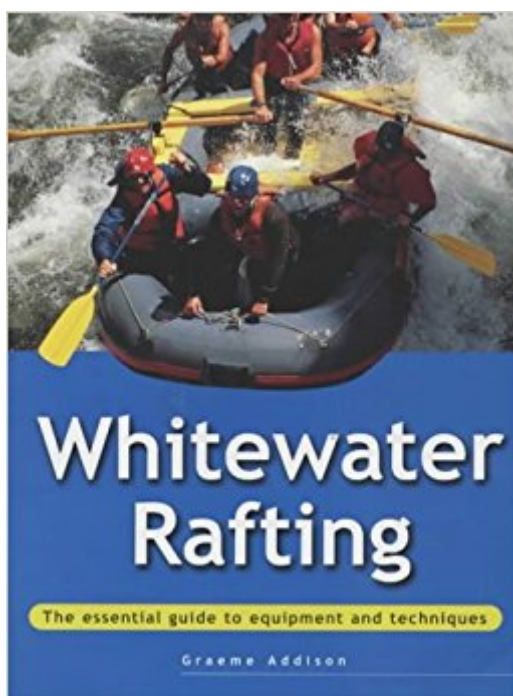


The book was found

Whitewater Rafting: The Essential Guide To Equipment And Techniques (Adventure Sports Series)



Synopsis

A recreational activity suitable for almost anyone, fit or not, including the disabled, whitewater rafting attracts the more adventurous among us. This book offers detailed descriptions of the activity and the techniques needed to enjoy it. Sections on day-tripping, outings with commercial operators, organizing your own trips, expeditionary work and extreme rafting cover the wide range of experiences the sport has to offer. Emphasis in the book is placed on important aspects such as training, security precautions, emergency procedures, basic first aid, and leaving nothing behind you. A list of contacts and websites is also included.

Book Information

Series: Adventure Sports

Hardcover: 96 pages

Publisher: New Holland Publishers Ltd (March 1, 2001)

Language: English

ISBN-10: 185974463X

ISBN-13: 978-1859744635

Product Dimensions: 7.7 x 10.4 inches

Shipping Weight: 1.3 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,173,538 in Books (See Top 100 in Books) #88 in Books > Sports & Outdoors > Outdoor Recreation > Rafting #690 in Books > Sports & Outdoors > Outdoor Recreation > Canoeing #1960 in Books > Sports & Outdoors > Outdoor Recreation > Boating

[Download to continue reading...](#)

Whitewater Rafting: The Essential Guide to Equipment and Techniques (Adventure Sports Series)

Whitewater Rafting: The Essential Guide to Equipment and Techniques Whitewater Rafting on West Virginia's New & Gauley Rivers:: Come on In, the Water's Weird (Sports) Adventure Guide

Nicaragua (Adventure Guides Series) (Adventure Guides Series) (Adventure Guides Series)

(Adventure Guide to Nicaragua) Whitewater Rafting â “ An Overview Whitewater Rafting Manual

Whitewater Rafting Classic Northeastern Whitewater Guide, 3rd: The Best Whitewater Runs in New England and New York--Novice to Expert Northwoods Whitewater: A Paddlers Guide to Whitewater

of Minnesota, Wisconsin, Ontario and Michigan Washington Whitewater: The 34 Best Whitewater

Rivers The Essential Underwater Photography Manual: A Guide to Creative Techniques and

Essential Equipment In Over My Head: A Grand Canyon Rafting Trip on the Colorado River (CJ's

Outdoor Adventure Series Book 9) Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Jane's Airport & Atc Equipment 1993-94 (Jane's Airport Equipment and Services) Jane's Airports Equipment & Services 2004-2005 (Jane's Airport Equipment and Services) Jane's Airports Equipment & Services 2005-06 (Jane's Airport Equipment and Services) Understanding Anesthesia Equipment (Dorsch, Understanding Anesthesia Equipment) Roads to Adventure 31 Kayaking, Hiking, Biking, Fishing, Skiing, Caving, Surfing, Rock Climbing, Ice Climbing, Rafting, Camping and RVing Stories

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)